

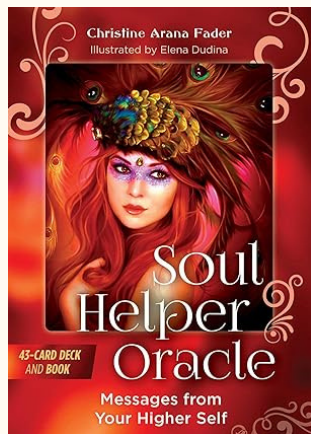


Butterfly & Beacon

Where perseverance meets potential and endurance transcends into elegance

FEBRUARY 2024

FEATURED TAROT DECK



The Soul Helper Oracle by Christine Fader.

Just think for a moment how easy it is to let your higher self take a front seat and drive you to the destination that will offer the most satisfying, soulful experience. This oracle deck embossed with extraordinary illustrations delivers extensive insight into our very own self-awareness and personal trials, recognizing any areas of negativity as a need to go deeper on issues craving for light. Each card is a tool to discover key aspects to work on for a harmonious acceptance of all that is. As in the title, the cards are helpers to facilitate what is being perceived, what is being awakened, what must leave, what is being experienced, and what is calling you. You will come to notice each thought and vibration is a matter of energetic power, both the body and mind hold which prompts the soul's desire to create a structure of purposefulness. Among the forty-three cards accompany a directory consisting of 123 pages for assistance to work through the cards main message. As an added feature each meaningful posting includes four supporting aids for healing, nurturing, and achieving strength. The four elements are: power animal, herbal essential oil, healing crystal, and a distinct number that bares its own symbolism. Whether you choose to use these contributing components on your journey or not, rest assured the suggestive power each oracle card carries with help uncover the soul's needs for existence and expansion.

SPIRIT ANIMAL THE SHEEP

Noted in the bible God compares us to sheep.

A need for his love and protection.

In addition, the sheep symbolize the understanding that we are to honor our togetherness in this world and our call to function as the shepherd for others in need. Sheep are gentle, innocent creatures and conform to family values, respecting the placement of their role in society. The sheep understand their usefulness, accept sacrifice for the greater good, live joyfully in the moment and comprehend the value of their existence. The sheep is a reminder for us to act with firmness of purpose and collaboration.



SPIRIT FLOWER LAVENDER

Lavender flowers represent love, luxury,

beauty, faithfulness, and balance. Lavender's purple blossom is the same color associated to the crown chakra, lifting the spirit, and connecting to the divine. With this flower we find creativity, devotion, tranquility, and the magic of purpose. Lavender is used as an oil, perfume, and herb. Not only is the lavender's fragrance soothing to the soul, it also is a healing agent for the body, both physically and mentally.

Fun fact: Egyptians used lavender in the embalming of the deceased to soften the skin & deter odors as part of the mumification ritual.



February Focal Point Self Nurturing

PAMPER BEFORE PROGRESS



Gift yourself a day of retreat. Whether you are in a relationship or not, you are deserving and can choose to express the love you have for yourself in ways that caress your mind, body & spirit. Take time this month to coddle yourself, be it a day in bed watching a movie, writing a letter to a friend, spending time in the garden, going out to a fine restaurant, immersing yourself in a bath filled with fragrance, treating yourself to a new hairstyle, etc. The idea is to spend time with yourself doing exactly the very thing you have put aside. Whatever the action, this stimulates positive behavior and empowers you to trust in your needs.



Angels Among Us

Archangel Raziel, the angel of divine secrets. No, not the scandalous kind, more importantly the kind of secrets that are the mystery and magic of how the celestial and earthly universe operate. Many literary works state Raziel's name is defined as the Secret of God.

Raziel encompasses the prismatic aura of the rainbow. He is multi-faceted and multi-dimensional. Think of Raziel as the Magician in tarot. He is gentle, kind, intelligent, resourceful and a strong believer in free will. He holds a wealth of information; the majority of which was obtained through a great deal of listening while seated at the foot of God and always taking notes.

Raziel (a/k/a Reziel) is known for providing Adam and Eve with "Sefer Raziel HaMalach (**The Book of Raziel the Angel**); the book of provenance. He appointed the book to Adam and Eve after they had eaten the forbidden fruit from the Tree of Knowledge. Many of the angels were upset at Raziel for such an act, at which time the angels cast the book into the sea. God then asked the angels to retrieve the book from the water and it was washed ashore where Enoch acquired it and added his own words of wisdom to the book before he himself was transcended as Archangel Metatron.

Archangel Raziel assists us in learning, understanding, and developing ways to move through our past life regressions. Raziel helps us understand life lessons and replace our thoughts of shame or guilt with wisdom, thus allowing our heart and mind to align in continuity and identify any resistance to the natural order of our existence.

Through Archangel Raziel's support we recognize our own unique superpower. It is in this belief not only do we find our cleverness but also our adeptness to persevere beyond our wildest imagination.

ARCHANGEL RAZIEL

Alchemy
Behavioral Study
Clairvoyance
Divine Magic
Free Will
Healing
Knowingness
Manifestations
Originality
SENSIBILITY

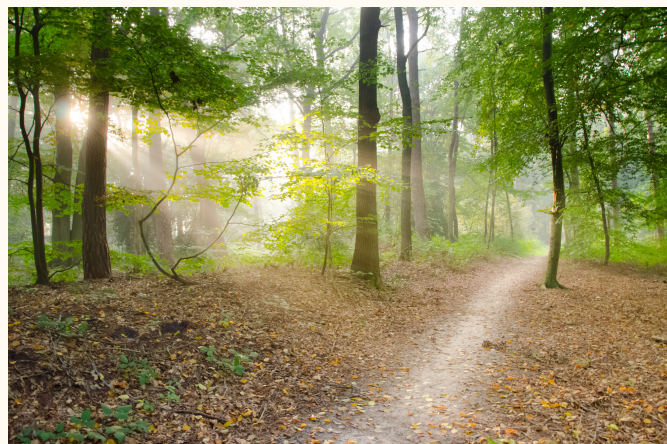
Self-Care Tips



Food for Function

BLUEBERRIES

Blueberries are a soluble fiber which is a natural cleansing system to the intestines. These little bursts of fruit are not only delicious but carry nutrients such as Vitamin K, Manganese, and Vitamin C and aid as an antioxidant for the body. Some scientists believe the intake of blueberries helps the brain function in retaining information. No need for post-it notes. Add a splash of color to your smoothie, salad or yogurt and reap the benefits of this tiny but impactful super food.



Nature Trail

MOTHER EARTH CONNECTION

Life wellbeing increases when we spend time in nature. Although we have busy lives, the importance of spending time outdoors reduces stress, lowers our need for control and forces us to take a time out from anxious behavioral patterns. Connection with nature elicits inspiration and exposes us to the miracle of creation. Explore ways to associate with mother nature. Examples: Hiking, Biking, Walking, Camping, Star Gazing, Bird Watching

Sharing is Caring

POETRY CORNER



Power

You have the power in your hand,
To make life happy,
where you stand.
You are all very, very, nice,
So here's some real good advice.

Life at best is darn rough,
One has to be extra tough.
Time moves on so very fast,
We must try to forget the past.

We have to live here and now.
So be patient and learn how.
Everybody will be just fine,
It just takes a bit of time.

The pattern of life, is awfully old,
Each of us, fit a certain mold.
Our "Master," knows what to do,
Be glad - not sad - each of you.

~ Rose F. Hanks

TO BE OF SERVICE

Every species deserves a good life and like humans, domesticated animals have seen their share of misconduct. Take some time and investigate ways to contribute to the welfare of God's glorious, magnificent creatures. There are several ways to be of service through hands on participation or financial support.

The Humane Society,
Wildlife Conservation
Network, ASCPA,
Local Shelters, Animal
Welfare Institute



Volunteer
Foster
Spread Awareness
Fundraising
Provide Food, Toys,
and Supplies
Donate Funds
Report Abuse
Visitation
Join an organization
Adopt / Rehome
Dog Walking
Spay/Neuter
Clean-Up



Community Contributor

If you would like to have your poetry published, have a tarot / oracle deck reviewed, provide self-care tips or share an inspirational message in the monthly

Butterfly Beacon, please email spirit@deirdrebhealing.com.

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